

## Circumcision

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Male circumcision is a surgical procedure that involves the removal of all or part of the foreskin from the head of the penis.

It has been known for many years that men who have a foreskin (i.e. they have not been circumcised) are at greater risk of acquiring HIV from women via vaginal (and anal) intercourse. **Recent studies in Africa** have shown that circumcising men reduces their risk of contracting HIV from women by about 60%. As a result, circumcision is now being advocated in those countries with a high prevalence of HIV, and predominantly heterosexually spread.

However, **circumcision is not currently being promoted at a population level, in countries such as Australia, because HIV is predominantly spread amongst men who have sex with men.**

However, circumcision is something an HIV positive woman and her HIV negative partner may wish to consider, in which case it is recommended that you discuss this with your doctor.

[Menstruation and sex](#) [1][up](#) [2][Sexual practices and sex toys](#) [3]

- [ANET resources](#)
- [HIV prevention](#)

### Links:

[1] <http://www.napwa.org.au/resource/treat-yourself-right/sex/menstruation-and-sex>

[2] <http://www.napwa.org.au/resource/treat-yourself-right/sex>

[3] <http://www.napwa.org.au/resource/treat-yourself-right/sex/sexual-practices-and-sex-toys>