

## Getting the best HIV care

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NAPWA has produced this guide to help HIV-positive Australians make the best decisions they can about their health, care and treatment.

The guide gives you a checklist of issues to work through when planning your health and treatment with your doctor. The guide lists the main tests and health checks that HIV-positive people should expect to receive as part of comprehensive health care. Support and information services to help with long-term living with HIV are also described.

The checklist of issues is designed for all people with HIV. However, there are some additional issues listed for people recently infected with HIV and those with advanced HIV infection to consider.


Most of the terms in this guide are self-explanatory. However, some laboratory tests and health checks may need explaining by your doctor. There is also a glossary at the end of the guide.

NAPWA recommends that you work through this guide with your doctor – particularly when you are seeing a doctor about your HIV for the first time or when your doctor is preparing or updating your health care plan.

Through using this guide, we hope that HIV-positive people will not only be well informed about their HIV and general health but, most importantly, they will have worked in partnership with their doctor to produce a clear, comprehensive health care plan for living well with HIV.

### How to get a copy of the guide

- **A downloadable version of the guide is available from the link below.**

Attachment	Size	Type
<a href="#">Getting the best HIV care</a> [1]	140.16 KB	 PDF

- [newly diagnosed](#)
- [HIV treatments](#)
- [Treataware](#)
- [Treataware resources](#)

### Links:

[1] [http://www.napwa.org.au/files/checklistguide\\_0.pdf](http://www.napwa.org.au/files/checklistguide_0.pdf)